

## **ENTHRONEMENT TO THE SACRED HEART OF JESUS (for an Individual)**

The most basic definition of the Sacred Heart Enthronement is that you consciously undertake a covenant with Jesus by inviting him to be King of your heart and home. In return, Our Lord promises abundant blessings.

**The Enthronement is much more than simply placing an image or statue of the Sacred Heart in your home.** By formally inviting Jesus to be King of your home, you pledge to Him your allegiance and place yourself under his protection in a new way. As His royal subject, you strive to serve Jesus and seek his constant presence: in your heart, home, at work and throughout every part of your day and throughout life. In return, Jesus has a burning desire to bless you abundantly!

St. Margaret Mary Alacoque, a Visitation nun in Paray-le-Monial France, received revelations from Jesus between 1673-1675. She said: *"I do not know of any other exercise in the spiritual life that is more calculated to raise a soul in a short amount of time to the height of perfection and to make it taste the true sweetness to be found in the service of Jesus Christ."* Jesus told Saint Margaret Mary Alacoque, *"I will reign by My Sacred Heart."*

Our Lord revealed to her the 12 Promises he would bestow for those who practice devotion to his Sacred Heart:

1. I will give them all the graces necessary in their state of life.
2. I will establish peace in their homes.
3. I will comfort them in all their afflictions.
4. I will be their secure refuge during life, and above all, in death.
5. I will bestow abundant blessings upon all their undertakings.
6. Sinners will find in My Heart the source and infinite ocean of mercy.
7. Lukewarm souls shall become fervent.
8. Fervent souls shall quickly mount to high perfection.
9. I will bless every place in which an image of My Heart is exposed and honored.
10. I will give to priests the gift of touching the most hardened hearts.
11. Those who shall promote this devotion shall have their names written in My Heart.
12. I promise you in the excessive mercy of my heart that my all powerful love will grant to all those who receive Holy Communion on the First Friday in nine consecutive months the grace of final perseverance; they shall not die in my disgrace, nor without receiving their sacraments. My divine Heart shall be their safe refuge in this last moment.

You are committing to live the covenant by: honoring the image of Jesus's Sacred Heart (*daily, in front of His image, recite one of the suggested prayers available on the website*); striving to live a life of holiness, frequenting the sacraments often, and committing to be His apostle of love by bringing His light of truth into the kingdom here on earth. Faithful commitment to living this covenant will result in unimaginable graces for you.

## PREPARATION FOR THE ENTHRONEMENT

You are invited to prepare both internally and externally for the enthronement.

**Internal preparation** includes praying with scripture, going to confession, and attending Mass on your day of enthronement (if possible).

**External preparation** includes obtaining a special picture or statue of the Sacred Heart and of the Immaculate Heart of Mary, having them blessed, and selecting a prominent place in your home to display them.

## ENTHRONEMENT CEREMONY OF THE SACRED HEART

With the image of Our Lord's Sacred Heart in its prominent place, recite the following prayer:

I give myself and consecrate to the Sacred Heart of our Lord Jesus Christ, my person, my life, my actions, its pains and sufferings, Furthermore, I will not be able to make use of any part of my being other than to honor, love, and glorify the Sacred Heart. This is my perpetual purpose: to give Him my all; to do all things for the love of Him; and with all my heart, I renounce anything and everything that displeases Him.

Therefore, I take You, Most Sacred Heart, to be the sole object of my love, the guardian of my life, my assurance of salvation, the remedy of my weakness and inconstancy, the atonement for all the faults of my life, and my sure refuge at the hour of death. O Heart of goodness be my justification as I stand before God the Father and safeguard me from his just and righteous anger.

O Heart of Love and Mercy, I place my confidence in You. I fear for my salvation because of my own wickedness and frailty, but I place my hope in all things promised through Your goodness and bounty. Cleanse me of all that displeases You or opposes Your Holy Divine Will. Allow your deep and abiding love to purify my heart and soul so deeply that I shall not forget You or be separated from You for even an instant.

May I obtain from all Your loving kindness the grace of having my name written in Your Heart, for in You I desire to place all my happiness and glory, living and dying in bondage to You. **Amen.**

(St. Margaret Mary Alacoque)

## PRAYER INTENTIONS

At this time, you may offer up any special intentions to the Sacred Heart.

Conclude with: Lord hear and answer my prayer out of your great and merciful love. Amen.

## **CONSECRATION TO THE IMMACULATE HEART OF MARY**

You now place the image or statue of the Immaculate Heart of Mary next to the Sacred Heart of Jesus.

During the wedding feast at Cana, Mary the Mother of Jesus goes to her son to tell them there is no more wine. Jesus responds to the request of his Mother with his first public miracle. (*John 2:1-12*) Turn now to Mary, the Mother of Jesus and ask her to accept you as her child and intercede on your behalf to her Son in your times of need.

### **RECITE THE FOLLOWING PRAYER**

Queen of the Most Holy Rosary and tender Mother of the Church, I consecrate myself to you, and to your Immaculate Heart. I recommend to your loving care my family, families in my community, my country, and the world. Please accept my consecration dearest Mother and in your compassionate love, guide me in the ways of our Heavenly Father's divine will. O spouse of the Holy Spirit, kindle in my heart the love of purity, the practice of Christian virtues, courage to witness to the faith, and love of your Son. Make my home a Marian shrine, a Eucharistic shrine, a house of prayer, a Christian fortress, and domestic church. May I be an apostle of love and proclaim Jesus as my Lord and Friend all the days of my life. Amen.

### **FINAL PRAYER**

Father in heaven, I thank you for the gift of your Son, Jesus Christ. I lament my sinful part in contributing to His passion and death. In atonement for my past ingratitude of His sacrificial love for me, I ask for your blessing and grace as I enter a new covenant with your son Jesus.

Father assist me in honoring Him in his most Sacred Heart. Help me conform my life to your will so Jesus, my Savior, may reign in my heart. Bless me Father so that by my words, thoughts, and actions others will know it is your Son who I adore and acknowledge as my King. Amen.

### **CONCLUSION**

You may now sign the Enthronement certificate; any guests can sign on the back. You may display the certificate near the enthronement wall or altar.



*We, the undersigned members of the family of*

*Solemnly Enthroned The Sacred Heart of Jesus*

as

**KING OF OUR FAMILY**

*and Lovingly Consecrate its Members both Living and Dead to His*

**MOST SACRED HEART**

*On this the \_\_\_\_\_ day of \_\_\_\_\_ 20\_\_\_\_\_ In Token Whereof We Sign*

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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Witness by Priest or duly Authorized Representative

***THE FEAST OF THE SACRED HEART***  
**should be celebrated with Great Solemnity in Home and in Church**

Venerate Jesus image daily by simply spending a moment in front of Him either in silence, in thanksgiving with prayers of petition or by simply saying "Jesus, I trust in you."

Suggestions for living the Enthronement include: receive Holy Communion as often as possible,

spend time in Eucharistic Adoration, reading Scripture daily, monthly confession,

praying the rosary, and fasting. All undertaken with the intention of offering reparation to the offenses committed against the Most Sacred Heart of Jesus.

Finally, one can renew their Home Enthronement on the Feast of the Sacred Heart of Jesus.





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